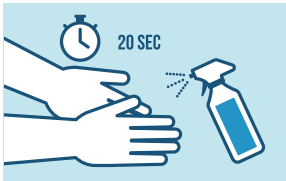


Preventing the Spread of COVID-19

These basic preventive measures will help to prevent the spread of COVID-19 in your workplace.



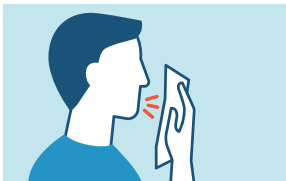
Wash your hands frequently using soap, following proper hand washing procedures. Do this before you enter and after you leave any common areas.



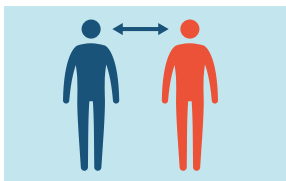
Use alcohol-based hand sanitisers when soap and water are not readily available.



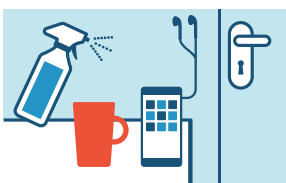
Avoid touching your eyes, nose or mouth with unwashed hands.



Cover your mouth and nose with a tissue or your elbow when coughing or sneezing. Immediately discard your tissue, wash your hands and clean your workstation.



Observe social distancing practices by maintaining at least 1.5 metres between you and your nearest colleague or anyone who displays flu-like symptoms. Avoid handshakes or any form of physical contact.



Regularly clean and sanitise your workstation. Do this at least twice a day.



Stay informed about latest developments about COVID-19. Follow the advice provided by the Australian Government Department of Health and the World Health Organization.

Observe self-quarantine measures for 14 days if you:

- Live with someone who has just returned from traveling overseas or to an area where COVID-19 is spreading
- Recently travelled overseas or to an area where COVID-19 is spreading
- Have been in close contact with a confirmed COVID-19 case
- Are experiencing flu-like symptoms or fever